

Plaats	Naam	Geslacht	Club	Tijd	pl/gesl	aantal/gesl
4km						
1.	CEDRIC PIESSENS	m	FPT	0:12:39.5	1	38
2.	BRYAN ROOSENBOOM	m	LAT	0:13:34.8	2	38
3.	BART VAN HAVERMAET	m		0:13:50.0	3	38
4.	KIM BARBE	m	MASPOE RUNNING	0:13:57.4	4	38
5.	KATRIJN OOLS	w	KAA GENT	0:14:00.8	1	36
6.	KEN MOESICK	m	AC HAMME	0:14:27.7	5	38
7.	JORDY VAN HAVER	m	BASKET CONDORS	0:14:41.5	6	38
8.	JORDI GILLIS	m	BBC SCHELDEJEUGD TEMSE	0:14:58.3	7	38
9.	JEROEN DAELEMANS	m	PEGASUS	0:15:10.0	8	38
10.	KURT ROTTIERS	m		0:15:14.1	9	38
11.	GLENN JANSSENS	m	HANDBALCLUB HOUTHALEN	0:15:29.5	10	38
12.	ROBERT COOREMAN	m		0:15:37.2	11	38
13.	BART VANDEWIELE	m	JCA	0:15:53.5	12	38
14.	GREGORY VANDEKERCKHOVE	m		0:15:54.9	13	38
15.	MARTHE VAN DEUREN	w	PEGASUS	0:15:58.1	2	36
16.	JORIS ROTTIERS	m	KWB SINT JOZEF LONDERZEEL	0:16:30.4	14	38
17.	JOSS BROOThAERTS	m		0:16:38.2	15	38
18.	ARNO VERPAEILST	m	ARS	0:16:54.3	16	38
19.	ESTHER VAN DEUREN	w	PEGASUS	0:17:17.3	3	36
20.	JEF CLAESSENS	m	VOLHARDING	0:17:18.1	17	38
21.	MATHIAS BEECKMAN	m		0:17:32.5	18	38
22.	IRM KARAHOTRA	w		0:17:42.6	4	36
23.	HILDE MOENS	w	ACDL	0:17:47.8	5	36
24.	LINDA DE RIDDER	w	LONDERZEEEL	0:17:51.8	6	36
25.	ANNELIES VAN GEYTE	w	ACDL	0:17:56.5	7	36
26.	TIMER HUYCK	w	ACDL	0:18:15.3	8	36
27.	SETH AGA	m		0:19:01.6	19	38
28.	LARISSA HUYCK	w	ACDL	0:19:01.6	9	36
29.	KRISTIAAN GIJSSELS	m		0:19:33.3	20	38
30.	MARIE JEANNE BUYLE	w	VLIERZELE SPROTIEF	0:19:44.9	10	36
31.	NINA DE SMEDT	w	ACDL	0:19:56.4	11	36

32.	MARC MOERMAN	m		0:20:11.7	21	38
33.	JOHN TAELEMANS	m	LONDERZEEEL	0:20:16.6	22	38
34.	LUC CLYMANS	m	PEGASUS	0:20:26.0	23	38
35.	ROSIE DIERICKX	w	ROADJOGGERS HAALTERT	0:20:35.8	12	36
36.	CATHY VERLINDEN	w	PEGASUS	0:20:38.5	13	36
37.	PHILIP SPRUYT	m	AG INSURANCE RUNNINGTEAM	0:21:06.4	24	38
38.	SANDRINA SMET	w	WALO	0:21:18.6	14	36
39.	MARIE JEANNE DE COCK	w	JONG VDW	0:21:28.4	15	36
40.	LUCAS DE COCK	m	JONG VDW	0:21:30.7	25	38
41.	WARRE VANDE WORRE	m		0:22:10.8	26	38
42.	ELISABETH VAN DE WINCKEL	w	JONG VDW	0:22:17.9	16	36
43.	WILLIAM VERDONCK	m	VOLHARDING	0:22:21.9	27	38
44.	KRISTOF SIGIN	m		0:22:25.4	28	38
45.	NELE PUTMAN	w	BORLUUTJOGGERS	0:22:41.0	17	36
46.	LUCIEN DE MEYER	m	VITA	0:22:56.8	29	38
47.	DANNY CLINCKE	m	VELDMEERSRUNNERS	0:23:43.4	30	38
48.	ESTHER VAN DE WINKEL	w		0:23:46.0	18	36
49.	NOAH COLLEMAN	m		0:23:47.9	31	38
50.	EVELYN VAN MOL	w		0:23:57.7	19	36
51.	LINDSAY VAN DEN DRIESSCHE	w		0:23:58.0	20	36
52.	INGE DIERICKX	w		0:23:59.3	21	36
53.	GEERT DE DONCKER	m	BARELDONKLOPERS	0:24:00.0	32	38
54.	NOEL CRABBÉ	m	ARS	0:24:02.9	33	38
55.	MARCEL HOUTRELLE	m		0:24:06.1	34	38
56.	GUIDO DE VliegHER	m		0:24:08.3	35	38
57.	ELEONORA VAN SCHUYLENBERGH	w	BARELDONKLOPERS	0:24:58.3	22	36
58.	NICOLE VAN SCHUYLENBERGH	w	BARELDONKLOPERS	0:24:58.8	23	36
59.	SIGIN	m	VELDMEERSSRUNNERS	0:25:51.2	36	38
60.	LIESBETH VAN DEN BROECK	w		0:26:46.6	24	36
61.	LIN VAN HAVER	w	ACDL	0:26:46.9	25	36
62.	ANITA BEECKMAN	w	ARS	0:27:23.4	26	36
63.	GITTE BAELE	w	ACDL	0:28:02.8	27	36
64.	MARCEL BAUDRY	m	ACDL	0:28:04.1	37	38

65.	RUTH VAN DE WINKEL	w	JONG VDW	0:28:11.1	28	36
66.	KRISTINE BOURGONJON	w	JCA	0:28:38.4	29	36
67.	RITA WILLOCKX	w	WORLDRUNNERS BELGIUM	0:28:38.5	30	36
68.	SONJA DE BRUYCKER	w	WORLDRUNNERS BELGIUM	0:28:39.4	31	36
69.	YANA VANDERRIJST	w		0:29:09.0	32	36
70.	LEEN VANDERMEEREN	w	VLIERZELE SPORTIEF	0:29:09.1	33	36
71.	ASTRID DE WEVER	w		0:29:30.4	34	36
72.	PATRICIA CLEMENT	w		0:29:31.8	35	36
73.	SOFIE DE PARMENTIER	w		0:29:35.5	36	36
74.	JAN VAN LIMBERGEN	m	VLIERZELE SPROTIEF	0:29:44.8	38	38

8 km

1.	ADRIAAN VAN BUGGENHOUT	m	AC LEBBEKE	0:28:17.5	1	76
2.	TIMER DE RIDDER	m		0:28:40.1	2	76
3.	KARIM FARES	m	WIBO	0:28:55.0	3	76
4.	GERRIT TIERENS	m		0:29:28.7	4	76
5.	STEFAN BOON	m	LAT	0:30:54.2	5	76
6.	MARK BORMS	m	WIBO	0:30:58.2	6	76
7.	GEERT DE KEYSER	m	WALO	0:30:59.6	7	76
8.	PETER VANDER VEKEN	m		0:31:00.0	8	76
9.	THEO VAN HAVERMAET	m	ACDL	0:31:18.3	9	76
10.	DIETER CLAUS	m	3MD	0:31:40.2	10	76
11.	BRYAN ROOSENBOOM	m		0:32:00.8	11	76
12.	MICHEL ALBERTIJN	m	ACW	0:32:05.1	12	76
13.	PAUL BORMS	m		0:32:06.0	13	76
14.	JARNE MOERENHOUT	m		0:32:11.6	14	76
15.	DIMITRI DHOOGHE	m		0:33:20.5	15	76
16.	PAUL VAN CAMPENHOUT	m	LONDERZEEEL	0:33:26.6	16	76
17.	MICHAEL DU BOIS	m	ACHILLES OPWIJK	0:33:34.6	17	76
18.	REX CASTELIJN	m		0:33:40.5	18	76
19.	ALEX MERTENS	m		0:34:18.2	19	76
20.	LIES MAES	w	WTT	0:34:30.2	1	37
21.	LIEVE ROELANDT	m		0:34:56.0	20	76

22.	MANU VERBINNEN	m	JOGGERS KLEIN WILLEBROEK	0:34:58.0	21	76
23.	WIM VAN DAMME	m		0:35:41.6	22	76
24.	ERIC THIERENS	m	AC HAMME	0:35:44.7	23	76
25.	GASTON DE RIDDER	m		0:36:33.7	24	76
26.	BENNY VANGEETERUYEN	m	WALO	0:36:38.6	25	76
27.	FREDERIQUE DE SCHOEMAECKER	m		0:37:17.6	26	76
28.	JONATHAN STEVENS	m		0:37:28.8	27	76
29.	KEVIN GOOSSENS	m		0:37:43.0	28	76
30.	DAVID DE SMET	m	BORLUUT JOGGERS	0:37:51.4	29	76
31.	JESSICA TROCH	w		0:37:53.3	2	37
32.	STEVEN VISSENAEEKENS	m	SWIM 4 LIFE	0:37:53.6	30	76
33.	ROGER DE CONINCK	m		0:37:57.9	31	76
34.	LUC ROTTIERS	m	HAMME LOOPT	0:38:07.4	32	76
35.	KRISTOF MEULEBROEK	m	ACDL	0:38:39.2	33	76
36.	FILIP DE BOECK	m	DE WATERGROEP	0:38:45.7	34	76
37.	VEERLE WUYTACK	w	AC HAMME	0:38:55.5	3	37
38.	CHRIS SCHELKENS	m	AC LEBBEKE	0:39:16.0	35	76
39.	NICO DE FAUW	m	RC DE TOVENAARS	0:39:17.1	36	76
40.	JURGEN JACOBS	m		0:39:18.0	37	76
41.	JO WILLE	m	BARELDONKLOPERS	0:39:54.2	38	76
42.	LEEN EYLENBOSCH	w	ACES WICHELEN	0:39:57.5	4	37
43.	RONNY SMET	m	RTS SINAAI	0:40:20.0	39	76
44.	BART MICHIELS	m		0:40:20.0	40	76
45.	PATRICK ROOSENBOOM	m	ACDL	0:40:57.1	41	76
46.	MARIE-JOSE DE COCK	w		0:41:06.5	5	37
47.	CHRIS MEERT	m	PEGASUS	0:41:40.5	42	76
48.	LIES DE VLEMINCK	w		0:41:44.6	6	37
49.	ISABEL VAN NIEUWENHUYZE	w	BARELDONKLOPERS	0:41:51.0	7	37
50.	WENDY VERSCHULDEN	w	HAMME LOOPT	0:42:16.8	8	37
51.	IGNACE HEYVAERT	m	ACHILLES OPWIJK	0:42:30.7	43	76
52.	DANNY VAN DRIESSCHE	m	ACES WICHELEN	0:42:51.1	44	76
53.	JULI BALCAEN	w	ACES WICHELEN	0:43:00.2	9	37
54.	STEFAN DE BOCK	m	ACES WICHELEN	0:43:00.9	45	76

55.	JAN VAN DEUREN	w	PEGASUS	0:43:02.5	10	37
56.	SONJA BOGAERTS	w	PEGASUS	0:43:02.5	11	37
57.	LUC VAN WIJNENDAELE	m		0:43:15.1	46	76
58.	LUC DE VALCK	m	ALVA	0:43:21.9	47	76
59.	THOMAS DE SAEDELAERE	m	FC ZELE	0:43:41.9	48	76
60.	CHRISTOPH DE DECKER	m		0:43:56.4	49	76
61.	CAROLIEN DE RIDDER	w		0:44:05.0	12	37
62.	NILS VAN NIEUWENHUYSE	m	ACDL	0:44:12.1	50	76
63.	MARTIN BLANCQUAERT	m	VELDMEERSSRUNNERS	0:44:41.1	51	76
64.	MARCEL DECANCK	m	RUNNERS EVERGEM	0:44:49.5	52	76
65.	NOA VAN DE MEERGEL	w		0:45:44.4	13	37
66.	DAVID BILLIAU	m		0:45:53.8	53	76
67.	LEO VERHAEGEN	m	ACHILLES RUN4FUN	0:45:56.2	54	76
68.	HEIDI BOSSAERT	w		0:45:58.4	14	37
69.	CHRISTOPH DECONINCK	m		0:46:08.0	55	76
70.	NICOLE BOCKLANDT	w		0:46:08.7	15	37
71.	SOFIE VAN DEN BOSSCHE	w		0:46:46.1	16	37
72.	MARITA HOFMANS	w	AC LEBBEKE	0:46:57.3	17	37
73.	BART VERDOODT	m	ACHILLES RUN4FUN	0:47:02.7	56	76
74.	MARK CASTELIJN	m		0:47:14.8	57	76
75.	ROGER DE SOMER	m		0:47:17.9	58	76
76.	MATTHIAS COPPENS	m	ACDL	0:47:25.0	59	76
77.	LUTGARD VERMEIR	w		0:48:23.5	18	37
78.	TOM DE RUDDER	m		0:48:44.2	60	76
79.	BART VAN HAUWERMEIREN	m	BARELDONKLOPERS	0:48:46.0	61	76
80.	LUC BILLIET	m	STRATENLOOP ERONDEGEM	0:49:07.8	62	76
81.	TINEKE GORDEBEKE	w		0:49:49.2	19	37
82.	RUDY VANDE VELDE	m	JC MOERZEKE	0:50:10.2	63	76
83.	KITTY DECKX	w		0:50:18.1	20	37
84.	ANTOINE MATHYS	m	JC DE PINTE	0:50:33.6	64	76
85.	TOM HEYSE	m		0:51:09.8	65	76
86.	LUC VAN PEOCKE	m		0:51:18.7	66	76
87.	BETTY VERPAELT	w		0:51:24.7	21	37

88.	GRIET BROOTHAERS	w		0:51:59.2	22	37
89.	LEEN BLONDEEL	w		0:52:00.2	23	37
90.	MARLEEN HUYBENS	w	ARS	0:52:24.9	24	37
91.	MILAN VAN BELLINGEN	m	ARS	0:53:15.5	67	76
92.	STEFAN VAN BELLINGEN	m	ARS	0:53:15.9	68	76
93.	STIJN VAN CAUWENBERGH	m		0:54:00.8	69	76
94.	PHILIP DE VROE	m	JC MOERBEKE	0:54:31.4	70	76
95.	CHRISTEL PAS	w	LONDERZEEEL	0:54:46.9	25	37
96.	ROBERT DE GEYSELEER	m	ARS	0:54:55.0	71	76
97.	HUGO VERMEIREN	m		0:54:59.2	72	76
98.	SABINE PONNET	w		0:54:59.3	26	37
99.	GUIDO MORTELMANS	m		0:55:01.6	73	76
100.	VEERLE DE WILDE	w	BARELDONKLOPERS	0:55:15.0	27	37
101.	MARIJKE DE BACKER	w	BARELDONKLOPERS	0:55:15.0	28	37
102.	ILSE DE BOCK	w	BARELDONKLOPERS	0:55:15.3	29	37
103.	ANIRKA MAKOWSKI	w	BARELDONKLOPERS	0:57:00.6	30	37
104.	LAI YEE WONG	w	BARELDONKLOPERS	0:57:00.9	31	37
105.	ANDRE DE BOECK	m		0:58:42.9	74	76
106.	MARIEKEN LINTHOUT	w		1:00:14.0	32	37
107.	NORA DE SMEDT	w	ACHILLES RUN4FUN	1:02:41.7	33	37
108.	ANANZA VANDERRIJST	w		1:04:51.3	34	37
109.	DIETER VANDERSCHAEGE	m		1:04:51.3	75	76
110.	MARC MERENS	m	DAC	1:06:04.0	76	76
111.	PATRICE ROOSENS	w		1:12:52.5	35	37
112.	MIA HOFMANS	w		1:12:54.1	36	37
113.	ELLEN SIX	w	WGK	1:14:15.1	37	37

16km

1.	KRISTOF DE RYCKE	m	ACW	1:00:03.1	1	65
2.	FREDERIK CHRISTIAENS	m		1:00:37.5	2	65
3.	GINO DE COCK	m	ONSLOW	1:01:08.7	3	65
4.	COSIE GOUDESONE	m		1:02:20.3	4	65
5.	WOUTER SEYE	m	AC HAMME	1:03:19.4	5	65

6.	CHRISTOPHE DE GRANDE	m	AC WAASLAND	1:06:31.5	6	65
7.	PATRICK LOUX	m		1:06:33.3	7	65
8.	DIRK GOEVARTS	m	WIBO	1:06:58.7	8	65
9.	JOHAN VERBRUGGHEN	m	SNIFTRUNNING CLUB	1:07:29.3	9	65
10.	STEVEN GOOSSENS	m	LIVE STRONG	1:07:56.6	10	65
11.	BART STROOBANTS	m	YELLOW ARMADA	1:08:33.7	11	65
12.	GERD VERMEIR	m		1:09:24.4	12	65
13.	STEFAAN FAINGNAERT	m	BLUE GLOBE SPORTS ENDURANCE	1:09:24.4	13	65
14.	GINO VAN BROECK	m	RUNNING TEAM SINAAI	1:09:50.4	14	65
15.	JOHAN VAN ACKER	m	BARELDONKLOPERS	1:10:12.0	15	65
16.	BENNY VAN DER HERTEN	m		1:10:17.8	16	65
17.	FREDERIK VAN DE VELDE	m		1:10:50.1	17	65
18.	STEVEN VESCHE	m		1:10:50.8	18	65
19.	DENNIS HEUVINCK	m	ONSOW;BE	1:11:22.6	19	65
20.	THOMAS BONTINCK	m		1:11:30.6	20	65
21.	CHARLES KAYIZZI	m		1:11:58.0	21	65
22.	THIBO BONTINCK	m		1:12:37.0	22	65
23.	HERMAN LENAERTS	m		1:12:42.9	23	65
24.	PETERJAN VAN DE POEL	m		1:15:02.6	24	65
25.	GUNTHER SEGERS	m	ALVA	1:15:03.7	25	65
26.	WIM VAN DEN EYNDE	m		1:15:33.8	26	65
27.	JOHAN SCHEPENS	m		1:16:05.8	27	65
28.	JEROEN DE WILDE	m		1:16:23.9	28	65
29.	KRISTOF VAN DEN EYNDE	m		1:17:08.4	29	65
30.	JURGEN VERHELST	m	HAMME LOOPT	1:17:17.6	30	65
31.	SOFIE DE PILLECYN	w		1:17:19.3	1	16
32.	GLENN CHRISTIAENS	m		1:17:32.7	31	65
33.	PAUL DIERICK	m		1:18:00.6	32	65
34.	IVAN DE KEYSER	m		1:18:17.1	33	65
35.	PATRICK DE SUTTER	m	E.T. VEZRBERCKMOES	1:18:23.8	34	65
36.	MARC DE SUTTER	m	FUNRUNNERS ERPE MERE	1:18:35.9	35	65
37.	TIM DE REUSE	m		1:18:45.2	36	65
38.	HERMAN VANDEMERGEL	m	AC HAMME	1:18:52.5	37	65

39.	KATRIEN VAN GEERTSOM	w		1:18:53.5	2	16
40.	RENE ARIJS	m	ROADJOGGERS HAALERT	1:19:08.9	38	65
41.	MARINA STEPPE	w	SPIRIDON AALST	1:19:17.1	3	16
42.	TIM VAN GYSEGEM	m		1:19:53.5	39	65
43.	NIELS CLINCKE	m	VELDMEERSRUNNERS	1:20:07.8	40	65
44.	LIEVEN DE PAEPE	m	JC AALTER	1:20:25.7	41	65
45.	KATHY VAN DE GUCHT	w	AC LEBBEKE	1:20:42.5	4	16
46.	NATALIE DE RIDDER	w	AC LEBBEKE	1:20:45.7	5	16
47.	KURT CROMMELINCK	m	WORLDRUNNERS BELGIUM	1:21:46.2	42	65
48.	GERT BERKENS	m	OCR BELGIUM	1:21:52.0	43	65
49.	GERY CHRISTIAENS	m		1:23:36.1	44	65
50.	TOM DE MESMAEKER	m		1:23:57.7	45	65
51.	CARMEN VERHELST	w		1:24:30.8	6	16
52.	CAROLIEN HAEGENS	w		1:25:46.0	7	16
53.	GWENDOLYN HAEGENS	w		1:25:46.6	8	16
54.	RON LANGENUS	m	GESHAA	1:26:06.8	46	65
55.	GEERT DIERICKX	m	ARS	1:26:53.6	47	65
56.	WILLIAM HELSKENS	m		1:27:22.9	48	65
57.	VEERLE HUYSSSE	w	HAMME LOOPT	1:28:36.3	9	16
58.	DIDIER VANHAELEMEESCH	m		1:29:24.9	49	65
59.	IGNACE BUYTAERT	m		1:30:27.0	50	65
60.	BART DE PAUW	m		1:30:40.2	51	65
61.	GILBERT POPPE	m		1:31:08.9	52	65
62.	ELS DE WAELE	w		1:33:31.3	10	16
63.	GLENN DE RO	m		1:33:31.8	53	65
64.	BRIGITTE ROELS	w	VELDMEERSRUNNERS	1:33:47.1	11	16
65.	HEIKE CLINCKE	w	VELDMEERSRUNNERS	1:35:08.0	12	16
66.	KOEN DE CORT	m	ARS	1:36:58.0	54	65
67.	NATHALIE VAN LAERE	w	VELDMEERSRUNNERS	1:38:59.9	13	16
68.	GILLES ROMBAUTS	m		1:40:28.2	55	65
69.	BART VERCAUTEREN	m	HAMME LOOPT	1:40:32.1	56	65
70.	VERONIQUE DE COCK	w		1:40:42.7	14	16
71.	ISABEL DE BRABANDER	w	BARELDONKLOPERS	1:40:42.9	15	16



72.	BART KESTELEYN	m		1:41:30.7	57	65
73.	GUIDO BOELAERT	m		1:42:34.3	58	65
74.	VERONIQUE BAELE	w		1:44:03.2	16	16
75.	TOMMY D'HEUVAERT	m		1:44:04.2	59	65
76.	PIETER WILLOCKX	m		1:44:50.4	60	65
77.	MARC VAN DER BORGHT	m	ARS	1:47:20.9	61	65
78.	ROMAIN BOLSENS	m		1:48:15.8	62	65
79.	WIM DE BOECK	m	ALVA	1:50:06.2	63	65
80.	HANNES VERDOODT	m		1:50:59.2	64	65
81.	NIELS BOSMAN	m		1:50:59.7	65	65